



MEN’S NATIONAL RECORDS

RECORDS FOR ALL SPECIALIST (BENCH ONLY, DEADLIFT ONLY, SQUAT ONLY, STRICT CURL AND IRONMAN) ARE LISTED UNDER THE FULL POWER MEET RECORDS, JUST SCROLL DOWN. THANK YOU

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.

SP/E- EQUIPPED, R- RAW, RC- RAW CLASSIC, SS- SLINGSHOT

JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBS, P-POLICE/FIRE/MILITARY

Records will be in pounds and/or kilos but kilos will be converted into pounds and recorded as such

MEN’S NATIONAL FULL POWER MEET RECORDS

60	SQUAT	BENCH	DEADLIFT	TOTAL
YOUTH ONLY				
75				
YOUTH ONLY				
90				
YOUTH ONLY				
105				

11-12 RC	GARGETT- 165	GARGETT- 100	GARGETT- 245	GARGETT- 510
114				
11-12 R	KOWNACKI-175	LOWNACKI-90	KOWNACKI-250	KOWNACKI-515
13-14 R	SIMPSON-170	SIMPSON-110	FAZZARY-245	SIMPSON-525
123				
13-14 R	HARRIER-180	HARRIER- 95	HARRIER- 205	HARRIER- 480
15-16 R	GALE-225	GALE-105	GALE-305	GALE-635
OPEN SP	SOUKUP-325	SOUKUP-200	SOUKUP-325	SOUKUP-835
50-54 SP	SOUKUP-325	SOUKUP-185	SOUKUP-325	SOUKUP-835
55-59 SP	SOUKUP-305	SOUKUP- 200	SOUKUP- 305	SOUKUP- 810
132				
9-10 RC	TORANZO-260	TORANZO-115	TORANZO-250	TORANZO-625
15-16 R	SHAPER-235	SHAPER-155	MARTINS-315	MARTINS-690
15-16 RC	HODSON-240	HODSON-130	HODSON-245	HUDSON-615
17-19 R	MARTINS-325	Martins-225	MARTINS-425	MARTINS-975
JR-R	MARTINS-310	MARTINS-225	MARTINS-425	MARTINS-950
O-R	TEAGUE-190	TEAGUE-200	TEAGUE-250	TEAGUE-645
148				
9-10 R	LENZI- 130	LENZI- 70	LENZI- 155	LENZI- 355
11-12 R	DOLCI III- 305	DOLCI III- 175	DOLCI III- 350	DOLCI III-830
13-14 R	KUTIN- 275	JONES-160	KUTIN- 350	KUTIN- 765
15-16 R	NEWMAN-250	NEWMAN-165	NEWMAN-315	NEWMAN-730
17-19 R	PITTMAN-395	PITTMAN- 235	PITTMAN-485	PITTMAN- 1115
JUNIOR-R	POLYCARPE-475	POLYCARPE-285	POLYCARPE-500	POLYCARPE-1260
JUNIOR-RC	HALL-230	HALL-135	HALL- 315	HALL-680
JR- E	IMMELL- 390	IMMELL- 225	IMMELL- 385	IMMELL- 1000
OPEN RC	TENDENCIA-515	TENDENCIA-270	TENDENCIA-525	TENDENCIA-1310
OPEN R	PITTMAN-395	MAHER- 245	PITTMAN-485	PITTMAN- 1115

SUBS R	MAHER-305	MAHER- 245	MAHER- 345	MAHER- 895
40-44 R	JAMES-400	JAMES-235	JAMES-480	JAMES-1115
40-44 RC	TENDENCIA-515	TENDENCIA-270	TENDENCIA-525	TENDENCIA-1310
45-49 R	JAMES-350	JAMES-220	JAMES-450	JAMES-1020
50-54 RC	RAWN-400	RAWN-240	RAWN- 375	RAWN- 1010
55-59 SP	DIFRANCISCO-415	DIFRANCISCO-250	DIFRANCISCO-400	DIFRANCISCO-1055
60-64 R	BARRECA-220	BARRECA-175	BARRECA-350	BARRECA-745
70-74 R	CALDERONE-250	CALDERONE-135	CALDERONE-340	CALDERONE-725
165				
11-12 R	MAYNARD-135	MAYNARD-105	MAYNARD-150	MAYNARD-390
13-14 R	LLEWELLYN-345	LLEWELLYN-205	LLEWLLYN-380	LLEWLLYN-930
15-16 R	GIAMMARINO-325	DEBNAM- 235	GIAMMARINO-425	GIAMMARINO-985
17-19 R	RUHL-445	WILLIAMS- 280	WILLIAMS- 425	RUHL-1125
17-19 RC	EBERLY-365	EBERLY-230	EBERLY-460	EBERLY-1055
JUNIOR R	MARINO-450	LIPSCOMB-290	MARUCCI- 530	CRAWFORD- 1210
JUNIOR RC	GOMEZ- 460	GOMEZ- 340	GOMEZ- 535	GOMEZ- 1335
LIFETIME RC	GOMEZ- 460	GOMEZ- 340	GOMEZ- 535	GOMEZ- 1335
OPEN R	DIMINNI-520	DELSIGNORE-300	HART-585	DIMINNI-1330
OPEN RC	GRANT-525	GRANT-350	PEREZ-580	PEREZ-1345
SUBS R	BLAKE-260	ROSENFELD- 215	BLAKE-410	ROSENFELD- 950
SUBS RC	HOFFMAN- 330	HOFFMAN- 210	HOFFMAN- 365	HOFFMAN- 905
40-44 R	HART-400	HART-270	HART-580	HART-1260
45-49 R	ANDREWS-225	ANDREWS-175	ANDREWS-285	ANDREWS- 685
45-49 E	MCVANEY-575	MCVANEY-360	MCVANEY-555	MCVANEY-1490
50-54 R	GRANDRIMO-350	GRANDRIMO-260	GRANDRIMO-390	GRANDRIMO-1000
50-54 RC	SCHADT-345	SCHADT- 255	SCHADT-375	SCHADT- 975
55-59 R	FONTAINE-280	FONTAINE- 245	FONTAINE- 390	FONTAINE- 915
55-59 E	DEFRANCISCO-385	DEFRANCISCO-255	DEFRANCISCO-400	DEFRANCISCO-1040
60-64 R	CONYERS-530	CONYERS-380	CONYERS-600	CONYERS-1510
60-64 SP	CONLIN-325	CONLIN-225	CONLIN-450	CONLIN-1000
65-69 R	ROSEN-225	NISSIM- 205	ROSEN-335	ROSEN-700

65-69 E	CONWAY- 305	CONWAY-170	CONWAY-435	CONWAY- 905
70-74 R	SHAW- 370	SHAW-195	SHAW- 400	SHAW-965
P-RC	ALTAMIRANO- 390	ALTAMIRANO- 255	ALTAMIRANO- 505	ALTAMIRANO- 1150
P-R	BOVINO-400	BOVINO- 340	BOVINO- 475	BOVINO- 1215
181				
11-12 R	DOLCI III-365	DOLCI III-215	DOLCI III-400	DOLCI III-980
13-14 RC	TORANZO-320	TORANZO-185	TORANZO-350	TORANZO-855
15-16 R	KUTIN-385	LOPEZ-275	KUTIN-500	LOMBARDI- 1110
15-16 RC	TOVAR- 375	TOVAR- 205	TOVAR- 460	TOVAR- 1040
17-19 R	CAVALLARO- 425	CAVALLARO- 305	CAVALLARO- 585	CAVALLARO- 1315
17-19 RC	GIZZO-285	GIZZO-170	GIZZO-360	GIZZO-815
JUNIOR R	GOMEZ- 450	GOMEZ- 330	GOMEZ- 575	GOMEZ- 1355
JUNIOR RC	GOMEZ- 500	GOMEZ- 370	GOMEZ- 565	GOMEZ- 1430
LIFETIME RC	GOMEZ- 470	GOMEZ- 370	GOMEZ- 535	GOMEZ- 1375
OPEN R	PACHUTA- 530	PACHUTA- 350	ANGEL-630	PACHUTA- 1500
OPEN RC	LOPEZ- 475	DUNCAN-410	RODRIGUEZ-575	DUNCAN-1420
SUBS R	LYONS-395	LYONS-315	LYONS-545	LYONS-1255
SUBS RC	DUNCAN-445	DUNCAN-410	DUNCAN-565	DUNCAN-1420
40-44 R	JACKSON-365	JACKSON- 285	JACKSON-390	JACKSON-1040
45-49 R	BATISTA-425	BATISTA-315	BATISTA-550	BATISTA-1290
45-49 RC	CARTER-400	CARTER-335	BOWERS- 500	BOWERS- 1125
50-54 R	BOWERS- 400	BOWERS- 315	BOWERS- 540	BOWERS- 1225
55-59 R	WHEELER-290	WHEELER-200	WHEELER-360	WHEELER-850
60-64 R	FIORISI- 295	FIORISI- 225	FIORISI- 350	FIORISI- 900
60-64 E	KOPLIN-350	KOPLIN-250	KOPLIN-400	KOPLIN- 1000
65-69 R	DILIBERTO-265	DILIBERTO-185	DILIBERTO-350	DILIBERTO-800
65-69 RC	KOPLIN-290	DILIBERTO-200	KOPLIN-355	KOPLIN-840
65-69 E	KOPLIN-355	KOPLIN- 235	KOPLIN- 375	KOPLIN- 965
70-74 R	OHR- 245	OHR- 180	OHR- 265	OHR- 690
75-79 R	DICKERSON-300	DICKERSON- 240	NICOLAS-405	NICOLAS-895
75-79 RC	DICKERSON-300	DICKERSON- 240	DICKERSON- 340	DICKERSON- 875

P-R	LYONS-395	BOVINO-320	LYONS-545	LYONS-1255
P-RC	DUNCAN-445	DUNCAN-410	DUNCAN-565	DUNCAN-1420
198				
15-16 RC	SPARKS-350	SPARKS- 220	SPARKS- 435	SPARKS- 1005
15-16 R	BROWER-365	DOLCE-250	BROWER-435	BROWER- 1040
17-19 R	GRUBE-490	ALTAMURO-285	GRUBE-570	GRUBE-1310
17-19 RC	JOHNSON-375	ROMAN-300	JOHNSON-440	JOHNSON- 1075
JUNIOR R	GUTIERREZ-505	JARMUZ- 315	GUTIERREZ-590	GUTIERREZ-1410
JR-RC	BLAIR- 380	BLAIR- 240	BLAIR- 505	BLAIR- 1125
OPEN RC	GERMAIN- 530	MATMON-330	GERMAIN- 620	GERMAIN-1470
OPEN R	CAPARONI- 600	PACHUTA-370	PACHUTA-700	PACHUTA-1630
OPEN E	WILLIAMSON-490	WILLIAMSON-315	WILLIAMSON-475	WILLIAMSON-1280
LIFETIME R	GERRITY- 350	GERRITY- 305	GERRITY-475	GERRITY- 1130
SUBS- R	PARKER-450	PARKER-330	PARKER-600	PARKER-1360
SUBS RC	SMITH- 300	SMITH- 230	SMITH- 420	SMITH- 950
40-44 R	TAPIA-420	JACKSON- 295	TAPIA-500	TAPIA-1210
40-44 E	UPHOFF-335	UPHOFF-225	UPHOFF-405	UPHOFF-965
45-49 R	BELLANTONI- 455	HUBER-315	BATISTA- 575	BATISTA- 1340
45-49 RC	DRIGGERS- 525	DRIGGERS- 390	DRIGGERS- 635	DRIGGERS- 1550
45-49 SP	UPHOFF- 330	UPHOFF- 220	UPHOFF- 395	UPHOFF- 945
50-54 R	SIRECI-425	SIRECI-315	SADIV- 625	SADIV- 1335
50-54 E	WILLIAMSON-450	WILLIMSON-310	WILLIMSON-490	WILLIAMSON-1250
50-54 RC	FOX-475	CARRICK- 275	ST.FLEUR- 500	FOX-1225
55-59 E	MEYERS- 600	FULLER- 330	MEYERS- 675	MEYERS- 1565
55-59 R	ST.FLEUR-420	HENSON-370	GROSS-565	ST.FLEUR- 1240
55-59 RC	CATINA- 405	MURRAY-335	MURRAY-450	MURRAY-1190
65-69 R	VIERA- 155	VIERA- 155	VIERA-305	VIERA- 615
65-69 RC	JACKSON-325	GRESHAM- 270	GRESHAM- 385	GRESHAM- 970
70-74 R	AMOROSO-285	AMOROSO-165	AMOROSO- 380	AMOROSO- 830

70-74 SP	GRESHAM-350	GRESHAM-250	GRESHAM-375	GRESHAM-975
75-79 R	AMOROSO-240	AMOROSO-140	AMOROSO-325	AMOROSO-705
75-79 RC	CRAMER-285	MILLER-195	MILLER-340	MILLER-780
POLICE R	HOJNACKI- 525	HOJNACKI- 350	RILEY-600	HOJNACKI- 1400
POLICE RC	FORCINITO-425	CAREY- 325	CAREY- 580	CAREY- 1325
220				
13-14 R	BERNARDO-320	BERNARDO-160	BERNARDO-360	BERNARDO-840
15-16 R	BERNARDO-390	TAYLOR-275	TAYLOR-600	TAYLOR-1325
17-19 R	FANTOZZI- 435	FANTOZZI- 345	GRUDZINSKI-520	FANTOZZI- 1280
17-19 RC	SMALLWOOD-500	SMALLWOOD- 355	SMALLWOOD- 605	SMALLWOOD- 1460
JUNIOR R	GREATHOUSE-500	PHILLIPS-335	LOPEZ-610	GUTIERREZ-1410
JUNIOR RC	CASIANO-550	CASIANO- 355	LOPEZ-605	CASIANO- 1445
LIFETIME R	GISONDI- 315	GISONDI- 215	GISONDI- 470	GISONDI- 1000
OPEN R	POWELL-600	POWELL-450	VANDERBOSH-705	POWELL-1700
OPEN RC	SANTORELI- 525	BRAND-385	UHAA-650	UHAA-1480
OPEN-E	FEWSTER-340	FEWSTER-315	FEWSTER-525	FEWSTER-1180
SUBS R	GORDON- 470	GORDON-275	GORDON-530	GORDON- 1175
SUBS RC	LOPEZ-480	LOPEZ-275	LOPEZ-585	LOPEZ-1340
40-44 R	WALDRON- 520	WALDRON-415	WALDRON-505	WALDRON-1440
40-44 RC	SMITH-545	CHANEY-370	CHANEY-605	SMITH- 1445
45-49 R	MARTORINA-440	MARTORINA- 340	DERISI- 500	MARTORINA- 1230
45-49 E	BAUER-550	BAUER-400	BAUER-505	BAUER-1455
45-49 RC	BRADER-370	BRADER-235	BRADER-410	BRADER-1015
50-54 R	PARKS-455	PARKS-350	SADIV- 615	PARKS-1310
50-54 RC	CREGO-500	CREGO-345	CREGO-525	CREGO-1370
50-54 E	WILLIAMSON-490	WILLIAMS- 360	WILLIAMSON-500	WILLIAMSON-1300
55-59 R	DUFFY- 465	MURRAY-370	DUFFY- 470	WILLIAMS-1245
55-59 RC	MURRAY-400	MURRAY-360	MURRAY-450	MURRAY-1210
55-59 E	GREENE- 460	GREENE- 315	GREENE- 480	GREENE- 1245

60-64 R	LHOTA-445	KITCHING- 310	LHOTA-490	LHOTA-1220
60-64 RC	KITCHING-400	KITCHING-315	KITCHING-460	KITCHING-1175
65-69 R	LHOTA-435	LHOTA-285	LHOTA-480	LHOTA-1190
70-74 R	SMITH- 300	SMITH- 235	SMITH- 400	SMITH- 935
P/F/M-R	MONOHAN-420	PFEIFFER-285	MONOHAN-525	MONOHAN-1200
SPEC OLYM	WASHINGTON- 310	WASHINGTON- 295	WASHINGTON- 325	WASHINGTON- 860
242				
11-12 R	SALVINI- 225	SALVINI- 135	SALVINI- 260	SALVINI- 620
13-14 R	BERNARDO-330	BERNARDO-165	BERNARDO-375	BERNARDO-870
15-16 RC	MUMAW-430	MUMAW-315	MUMAW-525	MUMAW-1270
17-19 R	ALTAMURO-600	ALTAMURO- 370	ALTAMURO- 750	ALTAMURO- 1720
17-19 RC	ELSAIED- 425	ELSAIED- 250	ELSAIED- 500	ELSAIED- 1175
17-19 E	SEABROOKS-590	SEABROOKS-350	SEABROOKS-585	SEABROOKS-1525
COLLEGIATE R	WHITESIDE-425	WHITESIDE-245	WHITESIDE-455	WHITESIDE-1125
JUNIOR-R	ALTAMURO- 605	ALTAMURO-360	ALTAMURO-705	ALTAMURO-1670
JUNIOR RC	YOUNG-525	YOUNG-370	YOUNG-640	YOUNG-1535
LIFETIME R	DUFFY-565	DUFFY- 365	DUFFY- 625	DUFFY- 1555
OPEN-R	DUFFY-600	BROWN-400	LANDOLINA-690	DUFFY-1690
OPEN RC	ARNOLD-650	ARNOLD- 375	ARNOLD-620	ARNOLD- 1645
SM-R	TAMBURRI-455	TAMBURRI-330	TAMBURRI-555	TAMBURRI-1340
40-44 R	LANDOLINA-585	REESE- 385	LANDOLINA-690	LANDOLINA-1620
40-44 RC	RUSNAK-490	RUSNAK-305	RUSNAK-505	RUSNAK-1300
45-49 R	LANDOLINA-545	DEIGAN-350	LANDOLINA-655	LANDOLINA-1535
45-49 RC	TRAUTWEIN- 395	TRAUTWEIN- 305	TRAUTWEIN- 475	TRAUTWEIN- 1170
50-54 R	PARKS-525	MURRAY-370	PARKS-565	PARKS-1435
50-54 RC	DERISI- 530	ROLON-375	ROLON-625	ROLON- 1425
55-59 R	BACKOS- 380	BACKOS- 245	BACKOS- 480	BACKOS- 1105
55-59 RC	MATTHEWS-450	MATTHEWS-380	MATTHEWS-590	MATTHEWS-1420

60-64 R	GIZZO-420	DOZIER-315	GIZZO-465	DOZIER-1155
60-64 RC	MAGUIRE-290	MAGUIRE- 245	MAGUIRE- 375	MAGUIRE- 905
60-64 SP	HARRIER- 405	HARRIER- 185	HARRIER- 415	HARRIER- 1005
P-RC	ARNOLD-650	CRAMER- 385	ARNOLD- 620	ARNOLD-1645
P-R	LANDOLINA-585	LANDOLINA-345	LANDOLINA-690	LANDOLINA-1620
P-RC	SEMIRAMIS-530	SEMIRAMIS-315	SEMIRAMIS-500	SEMIRAMIS-1345
P-E	SEMIRAMIS- 495	SEMIRAMIS- 325	SEMIRAMIS- 505	SEMIRAMIS- 1325
SO-R	WASHINGTON-365	WASHINGTON-280	WASHINGTON-365	WASHINGTON-1000
275				
13-14 RC	SALVINI-350	SALVINI-190	SALVINI-315	SALVINI-810
17-19 R	RAMIREZ-415	KYLYVNYK-300	KYLYVNYK-500	KYLYVNYK-1205
JR-R	ALTAMURO-675	ALTAMURO-415	ALTAMURO- 755	ALTAMURO-1800
LIFETIME R	SIMSUANGCO- 510	SIMSUANGCO- 365	SIMSUANGCO- 625	SIMSUANGCO- 1500
OPEN R	BOSTICK- 630	BOSTICK-430	BOSTICK- 715	BOSTICK- 1770
OPEN-RC	FRANCIS- 850	BUSH-405	FRANCIS- 675	FRANCIS- 1925
SUBS-R	BALDWIN-455	CROWELL-385	BALDWIN- 580	BALDWIN- 1325
SUBS RC	JONES-605	JONES- 405	JONES-600	JONES-1610
SUBS E	LENZI-460	LENZI- 265	LENZI- 425	LENZI- 1075
40-44 R	REESE-485	REESE-405	BIGELOW-540	REESE-1365
40-44 RC	RATKAY-600	RATKAY-350	RATKAY-565	RATKAY-1500
45-49 R	RAY-545	JACKSON-405	RAY-605	RAY- 1485
45-49 RC	KILLICH-500	KILLICH-245	KILLICH-400	KILLICH-1145
55-59 R	SMITH-530	GISONDI- 370	GISONDI- 600	GISONDI- 1430
50-54 RC	MALPHURS-475	MALPHURS-295	MALPHURS-550	MALPHURS-1320
55-59 RC	FRANCIS- 850	FRANCIS- 400	FRANCIS- 675	FRANCIS- 1925
60-64 E	HARRIER-315	HARRIER-395	HARRIER-275	HARRIER-985
60-64 R	GIZZO-410	GIZZO-195	GIZZO-445	GIZZO-1050
65-69 R	LUGO-335	LUGO- 250	LUGO- 370	LUGO- 910
65-69 RC	BUCCHIONI- 335	BUCCHIONI- 260	BUCCHIONI- 510	BUCCHIONI- 1105
P/F/M-R	YORK-445	YORK-355	YORK-455	YORK-1255
P-RC	YORK- 490	YORK- 360	YORK- 515	YORK- 1365

P-E	HARRIER-315	HARRIER-395	HARRIER-275	HARRIER-985
	WASHINGTON-315	WASHINGTON-290	WASHINGTON-400	WASHINGTON-1005
SO-R				
308				
17-19 R	NAZARIO-500	NAZARIO-265	NAZARIO-500	NAZARIO-1265
JUNIOR R	ALTAMURO-685	ROBERTS-420	ALTAMURO-760	ALTAMURO-1865
LIFETIME-R	ANDERSON- 675	ANDERSON- 275	ANDERSON- 650	ANDERSON- 1600
OPEN R	STOTE-720	STOTE-440	STOTE-670	STOTE-1810
SUBS-R	BOYD-585	BOYD- 385	BOYD- 565	BOYD- 1500
40-44 R	VASEV-550	VASEV- 425	VASEV-580	VASEV-1555
50-54 R	HEAPY-330	HEAPY-320	HEAPY-385	HEAPY-1035
50-54 E	LINTON- 485	LINTON- 340	LINTON- 570	LINTON- 1395
P/F/M-R	BOYD-585	ROBERTS-420	ROBERTS-600	ROBERTS-1555
SHW				
JR-R	FANTOZZI- 550	FANTOZZI- 405	FANTOZZI- 610	FANTOZZI- 1565
OPEN R	FANTOZZI- 550	RICHARDSON- 465	FANTOZZI- 610	RICHARDSON- 1600
SUBS R	BOYD- 605	BOYD- 390	BOYD-585	BOYD-1580
SUBS RC	PEARSON-610	PEARSON-410	PEARSON-675	PEARSON-1680
40-44 R	JACKSON-530	JACKSON-465	JACKSON-585	JACKSON-1580
40-44 E	WILSON- 520	WILSON- 430	WILSON- 135	WILSON- 1085
45-49 RC	BONDER- 500	BONDER- 305	BONDER- 435	BONDER- 1240
45-49 R	HEAPY-330	HEAPY-310	HEAPY- 375	HEAPY- 1015
50-54 RC	HEAPY-350	HEAPY-350	HEAPY-415	HEAPY- 1115
P-R	BOYD-605	RICHARDSON- 465	RICHARDSON- 605	RICHARDSON- 1600

THESE ARE NATIONAL RECORDS FOR SPECIALIST ONLY, NOT FULL POWER MEET LIFTERS.....

BENCH PRESS ONLY NATIONAL RECORDS

WEIGHT CLASS	BENCH ONLY
60	
75	
90	
105	
114	
123	
13-14 R	MOTLEY-85
132	
15-16 E	CLARK-175
15-16 R	HODSON-130
17-19 R	McDONALD- 225
0-R	TEAGUE- 185
50-54 R	EDWARDS- 225
55-59R	EDWARDS-220
	BENCH ONLY
148	
15-16 R	FRANCO- 235

17-19 R	MCONALD- 300
JR-R	BROWN-240
O-R	MARTIN- 305
SM-R	LEE-260
40-44 R	DUBOSE- 205
45-49 R	LIVOLSI- 240
50-54 R	BUTLER- 190
P-R	BUTLER- 190
165	
15-16 R	SHEETS- 205
17-19 R	MARINO-245
JR-R	MARINO-260
OPEN R	STRINGA-330
SUBS R	PULIDO-315
40-44 R	DUNN-300
45-49 R	STRINGA-335
50-54 R	DUNN-310
55-59 R	FONTAINE- 245
60-64 R	LEGG-200
65-69 R	CAMPAGNA-330
75-79 R	DICKERSON-225
75-79 RC	DICKSERSON-215
90-94 R	WEISS-75
181	
17-19 R	FARINARO-290
COLLEGIATE R	PILZ-285
JUNIOR R	GREEN-285
OPEN R	WILLIAMS-440
SUBS R	PELLICANO-325
40-44 R	EDWARDS-265
45-49 R	WILLIAMS,J-425
50-54 R	HENSON- 340

<i>50-54 SS</i>	<i>GATINELLA- 400</i>
<i>55-59 E</i>	<i>PHILLIPS-270</i>
<i>55-59 R</i>	<i>BRENDLINGER-315</i>
<i>60-64 R</i>	<i>MURAWSKI- 315</i>
<i>65-69 R</i>	<i>JACKSON-215</i>
<i>70-74 R</i>	<i>CAMPAGNA-330</i>
<i>75-79 R</i>	<i>DICKERSON-250</i>
<i>P/F/M-R</i>	<i>BROWN-235</i>
<i>198</i>	
<i>15-16 R</i>	<i>DOLCE- 250</i>
<i>17-19 R</i>	<i>BLACKWELL-245</i>
<i>JUNIOR R</i>	<i>THOMPSON- 305</i>
<i>OPEN R</i>	<i>BROWN-420</i>
<i>OPEN E</i>	<i>BEASLEY-335</i>
<i>SUBS-R</i>	<i>BARRON-330</i>
<i>40-44 R</i>	<i>SHALES- 335</i>
<i>45-49 R</i>	<i>JACKSON- 290</i>
<i>55-59 R</i>	<i>EHRHARDT-375</i>
<i>55-59 E</i>	<i>DIAZ-225</i>
<i>60-64 R</i>	<i>CHRISSIS- 370</i>
<i>65-69 R</i>	<i>FRANKLIN-250</i>
<i>65-69 DP</i>	<i>BENFORD-365</i>
<i>70-74 R</i>	<i>HANSBERRY- 260</i>
<i>75-79 R</i>	<i>MILLER-195</i>
<i>P-R</i>	<i>FARRALES-360</i>
<i>220</i>	
<i>15-16 R</i>	<i>NARVIET- 275</i>
<i>17-19 R</i>	<i>CATERISANO-220</i>
<i>JUNIOR R</i>	<i>ELZAYAT-335</i>
<i>JUNIOR E</i>	<i>FEWSTER-350</i>
<i>OPEN R</i>	<i>BURTON- 420</i>
<i>40-44 R</i>	<i>CARTER- 415</i>
<i>45-49 R</i>	<i>MALTEZOS-360</i>
<i>45-49 E</i>	<i>WEINSTEIN-440</i>
<i>45-49 SS</i>	<i>MALTEZOS-400</i>
<i>50-54 R</i>	<i>DRISDOM-380</i>

<i>50-54 SP</i>	<i>WHITEHEAD- 315</i>
<i>55-59 R</i>	<i>MURRAY-370</i>
<i>55-59 SP</i>	<i>WHITEHEAD-320</i>
<i>60-64 R</i>	<i>CHRISSIS-375</i>
<i>60-64 E</i>	<i>OGAN- 300</i>
<i>60-64 SS</i>	<i>KITCHING-340</i>
<i>65-69 R</i>	<i>LEVINE- 255</i>
<i>65-69 E</i>	<i>LEVINE- 265</i>
<i>70-74 R</i>	<i>COLEMAN-285</i>
<i>70-74 E</i>	<i>SEABROOKS- 270</i>
<i>90-94 R</i>	<i>ROMERO-115</i>
<i>242</i>	
<i>13-14 R</i>	<i>MYERS- 135</i>
<i>17-19 R</i>	<i>JOHNSON-330</i>
<i>JUNIOR R</i>	<i>YOUNG-370</i>
<i>LIFETIME R</i>	<i>MANCUSO- 365</i>
<i>LIFETIME SP</i>	<i>MERRY- 345</i>
<i>OPEN R</i>	<i>DIXON-460</i>
<i>40-44 R</i>	<i>SELLERS-385</i>
<i>45-49 R</i>	<i>HARNISCHFEGER-400</i>
<i>45-49 E</i>	<i>SWIRPLE-430</i>
<i>50-54 SP</i>	<i>MERRY- 345</i>
<i>50-54 R</i>	<i>PHILMON- 380</i>
<i>55-59 R</i>	<i>MITCHELL-410</i>
<i>55-59 E</i>	<i>HALL-365</i>
<i>60-64 E</i>	<i>HALL-355</i>
<i>60-64 R</i>	<i>VELLUCCI-300</i>
<i>65-69 R</i>	<i>CALHOUN-300</i>
<i>P-R</i>	<i>DIXON-460</i>
<i>275</i>	
<i>17-19 R</i>	<i>NARCISE-320</i>
<i>O-R</i>	<i>LUTIDZE-515</i>
<i>SUBS R</i>	<i>COLEY-525</i>
<i>40-44 R</i>	<i>SANTIAGO- 435</i>
<i>40-44 RC</i>	<i>WOJTUSIK-390</i>
<i>45-49 R</i>	<i>SANTIGAO-445</i>

<i>45-49 SS</i>	<i>YORK-405</i>
<i>50-54 R</i>	<i>HARNISFEGER-405</i>
<i>50-54 E</i>	<i>ROLON-425</i>
<i>60-64 R</i>	<i>MYERS- 415</i>
<i>60-64 E</i>	<i>HARRIER-395</i>
<i>60-64 SS</i>	<i>MYERS-415</i>
<i>65-69 R</i>	<i>BUCCHIONI- 250</i>
<i>75-79 R</i>	<i>JARBOE- 265</i>
<i>P-E</i>	<i>ROLON- 425</i>
<i>P-R</i>	<i>CARSON-500</i>
<i>308</i>	
<i>JR-R</i>	<i>WESTENBERGER- 420</i>
<i>O-R</i>	<i>CAWLEY- 525</i>
<i>45-49 R</i>	<i>SANTIAGO-460</i>
<i>55-59 R</i>	<i>CAWLEY- 525</i>
<i>SHW</i>	
<i>17-19 R</i>	<i>MEJIAS,J- 415</i>
<i>OPEN-R</i>	<i>MEJIAS-620</i>
<i>SUBS-R</i>	<i>MEJIAS- 610</i>
<i>40-44 R</i>	<i>MEJIAS-620</i>
<i>45-59 R</i>	<i>LOUALLEN-480</i>
<i>45-49 SP</i>	<i>WILSON-425</i>
<i>60-64 R</i>	<i>KATINOWSKY- 300</i>

DEADLIFT ONLY NATIONAL RECORDS

WEIGHT CLASS	DEADLIFT ONLY
60	
7-8 R	LEE-100
75	
9-10 R	FORD-150
90	
105	
114	
13-14 R	HARRIER-175
123	
13-14 R	HARRIER- 205
132	
15-16 E	CLARK-350
9-10 R	LENZI- 135
15-16 R	HODSON-245
17-19 R	NASOR- 350
0-R	TEAGUE- 205
148	
17-19 R	PITTMAN- 485
17-19 E	PITTMAN- 485
0-R	PITTMAN- 485
SM-R	MENDEZ-225
60-64 R	FREIDES-365
70-74 R	LITTLE-335

	<i>DEADLIFT ONLY</i>
165	
<i>15-16 R</i>	<i>POPA-415</i>
<i>17-19 R</i>	<i>EBERLY-415</i>
<i>JR-R</i>	<i>MORALES-405</i>
<i>OPEN R</i>	<i>HART-585</i>
<i>40-44 R</i>	<i>HART-585</i>
<i>45-49 R</i>	<i>GREGORY-480</i>
<i>45-49 E</i>	<i>MCVANEY- 555</i>
<i>55-59 R</i>	<i>FONTAINE-390</i>
<i>60-64 R</i>	<i>CONLIN-450</i>
<i>65-69 E</i>	<i>CONWAY-435</i>
<i>70-74E</i>	<i>DENNISON-500</i>
<i>70-74 R</i>	<i>DENNISON-530</i>
<i>70-74 E</i>	<i>DENNISON-520</i>
<i>75-79 R</i>	<i>DICKERSON-155</i>
181	
<i>17-19 R</i>	<i>GREEN-415</i>
<i>COLLEGIATE R</i>	<i>STEWART-350</i>
<i>JUNIOR R</i>	<i>NAZARIO- 680</i>
<i>OPEN R</i>	<i>NAZARIO-700</i>
<i>40-44 R</i>	<i>COLONDRILLO-465</i>
<i>50-54 R</i>	<i>WOOD- 455</i>
<i>55-59 R</i>	<i>HAMSHER-445</i>
<i>55-59 E</i>	<i>HAMSHER- 460</i>
<i>60-64 E</i>	<i>MANZO-465</i>
<i>60-64R</i>	<i>IOVINELLA-420</i>
<i>65-69R</i>	<i>MEYER-400</i>
<i>70-74 R</i>	<i>DENNISON- 540</i>

<i>70-74 E</i>	<i>DENNISON-530</i>
<i>75-79 R</i>	<i>DICKERSON-340</i>
<i>DEADLIFT ONLY</i>	
<i>198</i>	
<i>15-16 R</i>	<i>LARSON-380</i>
<i>17-19 R</i>	<i>CARDONA-525</i>
<i>JUNIOR R</i>	<i>MCDONNELL-550</i>
<i>OPEN R</i>	<i>HASTINGS- 610</i>
<i>SUBS R</i>	<i>McLENDON-530</i>
<i>40-44 R</i>	<i>MCLENDON-550</i>
<i>40-44 E</i>	<i>SHETLER-415</i>
<i>45-49 R</i>	<i>JACKSON- 485</i>
<i>50-54 R</i>	<i>SADIV- 640</i>
<i>55-59 E</i>	<i>DIAZ-440</i>
<i>55-59 R</i>	<i>LOPEZ-600</i>
<i>60-64 E</i>	<i>MEYERS-705</i>
<i>60-64 R</i>	<i>RUIZ- 575</i>
<i>70-74 R</i>	<i>DENNISON- 525</i>
<i>75-79 R</i>	<i>MILLER-340</i>
<i>220</i>	
<i>17-19 R</i>	<i>HATZHOFFER-500</i>
<i>JR R</i>	<i>ELZAYAT-605</i>
<i>O-R</i>	<i>BRAND-600</i>
<i>O-E</i>	<i>ELEUTERI- 455</i>
<i>SM-R</i>	<i>DENNISON- 405</i>
<i>40-44 R</i>	<i>SMITH- 550</i>
<i>45-49 R</i>	<i>DERISI-525</i>
<i>50-54 R</i>	<i>SADIV- 615</i>
<i>50-54 E</i>	<i>ERDOGAN-455</i>
<i>55-59 R</i>	<i>KRASOWSKI- 560</i>
<i>60-64 R</i>	<i>CHRISSIS-465</i>
<i>60-64 E</i>	<i>ELEUTERI- 455</i>
<i>65-69 R</i>	<i>BURTON- 420</i>
<i>70-74 R</i>	<i>BURTON-445</i>
<i>P-R</i>	<i>WALL-460</i>

	<i>DEADLIFT ONLY</i>
<i>242</i>	
<i>13-14 R</i>	<i>MYERS- 215</i>
<i>JR-R</i>	<i>YOUNG-640</i>
<i>OPEN-R</i>	<i>FARINAS- 535</i>
<i>50-54 R</i>	<i>ROLON-625</i>
<i>50-54 E</i>	<i>DIBELLA 550</i>
<i>55-59 R</i>	<i>VELLUCCI-550</i>
<i>60-64 R</i>	<i>ELEUTERI-500</i>
<i>65-69 R</i>	<i>CALHOUN-365</i>
<i>275</i>	
<i>17-19 R</i>	<i>NARCISE- 425</i>
<i>JUNIOR R</i>	<i>FINLEY- 675</i>
<i>OPEN R</i>	<i>POTIS- 565</i>
<i>SM-R</i>	<i>JONES-600</i>
<i>45-49 R</i>	<i>COOPER-730</i>
<i>50-54 R</i>	<i>ROLON-570</i>
<i>60-64 R</i>	<i>FEENEY- 435</i>
<i>65-69 R</i>	<i>BUCCHIONI- 525</i>
<i>75-79 R</i>	<i>JARBOE- 390</i>
<i>P-R</i>	<i>ROLON-540</i>
<i>308</i>	<i>NONE</i>
<i>SHW</i>	
<i>17-19 R</i>	<i>MEJIAS- 550</i>
<i>45-49 R</i>	<i>DAVID- 660</i>

SQUAT ONLY NATIONAL RECORDS

<i>WEIGHT CLASS</i>	<i>SQUAT ONLY</i>
<i>60</i>	
<i>75</i>	
<i>90</i>	
<i>105</i>	
<i>114</i>	
<i>123</i>	
<i>132</i>	
<i>15-16 RC</i>	<i>HODSON-240</i>
<i>O-R</i>	<i>TEAGUE-185</i>
<i>148</i>	
<i>O-R</i>	<i>LETSON-315</i>
<i>165</i>	
<i>17-19 R</i>	<i>RHODES-290</i>
<i>JR-R</i>	<i>MARINO-450</i>
<i>60-64 SP</i>	<i>CONLIN-325</i>
	<i>SQUAT ONLY</i>
<i>181</i>	
<i>COLLEGIATE-R</i>	<i>PILZ-425</i>
<i>75-79 RAW</i>	<i>DICKERSON-200</i>

75-79 SP	CRAMER-310
198	
15-16 R	LARSON-315
45-49R	JACKSON-435
75-79 RC	MILLER-245
220	
O-R	CAFFREY-405
45-49 R	MALTEZOS-535
45-49 RC	MALTEZOS- 540
45-49 DP	MALTEZOS-560
50-54 E	PHIEFFER-385
55-59 R	PEAK- 415
55-59 E	SCHLEICH- 500
70-74R	SMITH-300
P/F/M- R	PFEIFFER-355
242	
JR-RC	YOUNG-525
O-RC	NGUYEN-410
LIFETIME- R	CAFFREY-415
O-R	CAFFREY-415
40-44 RC	MALTEZOS- 530
50-54 R	CAFFREY- 375
55-59 R	EDGERTON- 405
P/F/M- RC	SEMIRAMIS-525
275	
OPEN-R	HADDAWAY-485
SUBS-E	LENZI-460
40-44 R	HADDAWAY-480
45-49 R	JACKSON- 425
50-54 R	EDGERTON- 465
50-54 RC	BECK-340

308	NONE
SHW	
40-44 E	WILSON-520
45-49 E	WILSON- 535

NATIONAL BENCH FOR REPS RECORDS

WEIGHT CLASS	BENCH for REPS
60	
75	
9-10	FORD-32
90	
105	
114	
123	
132	
OPEN	EDWARDS- 16
55-59	EDWARDS-23
148	
165	
LIFETIME	JOSEPH- 36
OPEN	JOSEPH- 36

40-44	LEUCHTER-17
45-49	JOSEPH- 36
55-59	BEAL- 26
75-79	DICKERSON-14
181	
O	WILLIAMS-50
JR	MOTLEY-18
SM	BARRON-27
45-49	WILLIAMS, J-45
50-54	GATTINELLA-29
55-59	BRENDLINGER-20
60-64	ROLLINS-13
75-79	DICKERSON- 13
198	
O	BEASLEY-26
SM	BARRON-28
40-44	SHALES-30
45-49	CAMPBELL- 11
55-59	EHRHARDT-23
P	FARRALES-27
70-74	MCNEILL- 6
220	
JR	GISONDI, C- 7
O	BURTON- 36
40-44	MAZANISHVILI-25
50-54	DRISDOM- 28
55-59	EHRHARDT-23
242	
LT	MANCUSO-14
O	MANCUSO-17
40-44	SELLERS-26
275	
40-44	SANTIAGO- 23

<i>O</i>	<i>WOJTUSIK-11</i>
<i>45-49</i>	<i>SANTIAGO-24</i>
<i>50-54</i>	<i>ROLON-17</i>
<i>60-64</i>	<i>MYERS-15</i>
<i>P</i>	<i>ROLON-17</i>
<i>308</i>	
<i>O</i>	<i>WILSON-17</i>
<i>45-49</i>	<i>SANTIAGO-21</i>
<i>55-59</i>	<i>CAWLEY-20</i>
<i>SHW</i>	
<i>O</i>	<i>LOUALLEN-28</i>
<i>45-49</i>	<i>LOUALLEN-28</i>

NATIONAL STRICT CURL AND POWERCURL RECORDS

WEIGHT CLASS	STRICT CURL	POWERCURL
60		
75		
90		
11-12	WEEDEN- 50	
105		
114		
123		

132		
9-10		LENZI-20
148		
0	GARG-70	BARROS-110
40-49	DUBOSE- 115	
60-69	BARIECA-75	
165		
0		HANLON- 140
50-59		BEAL-165
60-69		LEGG-85
181		
0		TSURTSUMIA-210
40-49		COLONDRILLO-160
50-59		ROLLINS-170
60-69	ROLLINS- 140	ROLLINS-150
198		
15-16		BLACK- 130
0	BROWN-165	CARR- 160
0		
40-49		MARA- 135
50-59	BROWN-130	CARR- 160
60-69	ROLLINS-140	CARR-150
70-79	MILLER- 90	
220		
0	WARD-150	WARD-150
50-59	WHITEHEAD- 140	LOOMIS-155
60-69	NASH- 105	LEVINE- 130
70-79		SLADE-110

242		
0	PAVLIK-145	MANCUSO- 145
40-49	BIGELOW- 135	SELLERS-170
50-59		BRIDGES-135
60-69		HARRIER-145
275		
17-19		NARCISE-150
0	BIGGS-160	FEENEY-145
40-49	BIGELOW-140	BIGELOW-145
50-59	ROBERTSON-165	ROLON-155
60-69	FEENEY- 120	HARRIER- 150
308		
0	WILSON- 215	WILSON-175
60-69	BRADFORD-145	
SHW		
0		PETERSON- 165
40-49		DAVID- 210

IRONMAN NATIONAL RECORDS

IRONMAN RECORDS	DIV	BP	DL	TOTAL
105	11-12 R	GARGETT- 100	GARGETT- 245	GARGETT-345
123	13-14 R	MOTLEY-100	MOTLEY-225	MOTLEY-325
	JR-R	KUTT-245	KUTT-375	KUTT-620

132	15-16 E	CLARK-175	CLARK-350	CLARK-525
	JR-R	KUTT-265	KUTT-395	KUTT-660
148	11-12 R	DOLCI-175	DOLCI-350	DOLCI- 525
	13-14 R	JONES-160	HOLLAND- 315	HOLLAND- 465
	15-16 R	IRWIN- 135	IRWIN- 260	IRWIN- 395
	17-19 R	HOLLAND- 160	HOLLAND- 95	HOLLAND- 255
	JR-R	BARROS-180	BARROS-345	BARROS-525
	60-64 R	BARRECA-170	BARRECA- 355	BARRECA- 515
165	11-12 R	MAYNARD- 105	MAYNARD-175	MAYNARD-280
	15-16 R	POPA-230	POPA-415	POPA-645
	17-19 R	MCWELL JR-185	MCWELL JR-340	MCWELL JR-525
	JR-R	REFATULLAH-210	MARTIN-385	REFATULLAH-590
	0-R	COPPOLA- 320	COPPOLA- 155	COPPOLA- 455
	65-69R	LEGG-180	LEGG-250	LEGG-430
	75-79 R	DICKERSON-220	DICKERSON-155	DICKERSON-375
181	0-R	PACHUTA- 355	PACHUTA- 585	PACHUTA- 940
	17-19 R	CISNEROS- 275	CISNEROS- 525	CISNEROS- 800
	JR-R	LIPSCOMB-335	LIPSCOMB-550	LIPSCOMB-885
	SM-R	LYONS-315	LYONS-545	LYONS-860
	50-54 R	WHEELER- 220	WHEELER- 375	WHEELER- 590
	55-59 R	WHEELER-220	WHEELER- 360	WHEELER-560
	65-69 R	JACKSON-215	JACKSON-320	JACKSON-535
	70-74 R	MILLER-180	MILLER-340	MILLER-520
	75-79 R	DICKERSON- 250	DICKERSON- 340	DICKERSON-565
	P-R	LYONS-300	LYONS-500	LYONS-800
198	JR-R	KELEMEN-335	KELEMEN-480	KELEMEN-810
	0-R	ALVAREZ- 365	ALVEREZ- 550	ALVEREZ- 915
	SM-R	CHANEY- 360	CHANEY-505	CHANEY- 865

	40-44 E	UPHOFF- 225	UPHOFF- 405	UPHOFF- 630
	50-54 R	SADIV- 320	SADIV- 640	SADIV- 945
	60-64 R	CHRISSIS- 365	CHRISSIS- 455	CHRISSIS- 820
	70-74 R	MILLER-190	MILLER-340	MILLER-525
	75-79 R	MILLER-195	MILLER-340	MILLER-780
	P-R	LUCERO-320	LUCERO-500	LUCERO-820
220	15-16R	HENDERSON- 250	HENDERSON- 475	HENDERSON- 725
	O-R	CARTER-410	SIMPSON-585	SIMPSON-990
	SM-R	PARKER- 330	PARKER- 600	PARKER- 930
	40-44 R	CHANEY-380	CHANEY-560	CHANEY-940
	45-49 R	BRICKER-335	BRICKER-505	BRICKER-840
	55-59 E	DIAZ-260	DIAZ- 475	DIAZ- 735
	P-R	SEMIRAMIS-315	SEMIRAMIS-500	SEMIRAMIS-815
	P-E	SEMIRAMIS- 325	SEMIRAMIS- 505	SEMIRAMIS- 830
242	11-12 R	SALVINI-115	SALVINI-240	SALVINI-355
	15-16 R	BARBER- 170	BARBER- 330	BARBER- 500
	LT-R	CAFFREY-280	CAFFREY-460	CAFFREY-740
	O-R	SHELTON- 335	SHELTON-540	SHELTON-890
	SM-R	TRUBILLA-315	TRUBILLA-500	TRUBILLA-815
	40-44 R	PRATER-280	PRATER-505	PRATER- 785
	45-49 R	MCDANIEL- 265	MCDANIEL- 415	MCDANIEL- 680
	55-59R	VELLUCCI-300	VELLUCCI-425	VELLUCCI-725
	60-64 R	VELLUCCI-255	VELLUCCI-475	VELLUCCI-730
	P-R	SEMIRAMIS-315	SEMIRAMIS-500	SEMIRAMIS-815
	P-E	SEMIRAMIS- 335	SEMIRAMIS-495	SEMIRAMIS-830
275	15-16 R	BROWER- 225	BROWER- 405	BROWER- 630
	O-R	BUSH- 425	BUSH- 705	BUSH- 1130
	40-44 R	WISNIEWSKI-395	WISNIEWSKI-565	WISNIEWSKI-960

	45-49 R	COOPER-390	COOPER-710	COOPER-1100
	50-54 E	ROLON- 400	ROLON- 570	ROLON- 970
	65-69 R	BUCCHIONI- 260	BUCCHIONI- 510	BUCCHIONI- 770
	P-R	YORK- 360	YORK- 515	YORK- 875
SHW	SM-R	MCWELL- 415	MCWELL- 500	MCWELL- 915
	45-49 R	JACKSON- 500	DAVID- 660	DAVID- 1110