

WNPF CAN-AM CHAMPIONSHIPS

JUNE 24, 2017- ROCHESTER, NY





	(BL) Denotes Best Lifter							
	! Denotes State Record							
	# Denotes National Record							
	POWERLIFTING RAW	SQT	BP	DL	TOTAL			
	WOMEN							
132lb								
40-44	Heidi Suspinski	185 !	110 !	235 !	530 !			
165lb								
Open	Carolyn Brooks BL	305 !	165 !	320 !	790 !			
	Heather Buttles	240	150	300	690			
181lb								

Open	Danielle Pearce	85	65	175	325			
SHW								
35-39	Lore McSpadden	290 !	170 !	345 ! #	805 ! #			
	MEN							
165lb								
20-23	Jason Crawford BL	420 ! #	265 !	525 ! #	1210 ! #			
Open	Nicholas Sirianni	345	235	385	965			
	Jared Durham	285	235	350	870			
220lb								
20-23	Anthony Stothard	360	230	430	1020			
Open	Keith Honeycutt	355	250	425	1030			
55-59	Gerry Peak	415 !	360 !	435 !	1210 !			
60-64	Allen Kitchung Jr BL	405 !	310 ! #	485 ! #	1200 !			
	RAW CLASSIC							
	WOMEN							
132lb								
20-23	Samantha Littrell	225 !	105 !	260 !	590 !			
165lb								
Open	Lydia Stouffer	215 ! #	115 ! #	350 ! #	680 ! #			
	MEN							
165lb								
20-23	Wayne Cook	395 !	225	410	1030			
198lb								
45-49	James Hull	370 !	230 !	405 !	1005 !			
220lb								

50-54	Tom Crego Jr	480 ! #	340 ! #	500 ! #	1320 ! #			
242lb								
40-44	Brian Gentile	330 ! #	225 ! #	375 ! #	930 ! #			
	IRONMAN RAW	BP	DL	TOTAL				
	WOMEN							
114 LB								
80-84	Willie Murphy	115 ! #	230 ! #	345 ! #				
132LB								
50-54	Leanne Mikiciuk	110	265	375				
	MEN							
220LB								
OPEN	Clifford McDowell BL	440 !	600 !	1040 !				
242 lb								
Open	Mario Grant	360	500	860				
	BENCH PRESS RAW	BP						
	WOMEN							
114LB								
80-84	Willie Murphy	115 ! #						
148lb								
55-59	Christi Macri	115 ! #						
165lb								
45-49	Denise Mitchell	175 #						
	MEN							
165LB								
65-69	Philip Campagna	315! #						

220lb								
40-44	Ed Carter	415 #						
55-59	Gerry Peak	360 ! #						
	Mike Knox	315						
	Daniel Mandell Jr	225						
Open	Chester Harrington	380						
242lb								
Open	Jacob Zangerle BL	455 ! #						
35-39	Jacob Zangerle	455 ! #						
P/F/M	Jacob Zangerle	455 ! #						
242lb								
45-49	John Harnischferger	400 ! #						
55-59	James Mitchell	405						
	SQUAT RAW							
220LB								
55-59	Gerry Peak	415 ! #						
	DEADLIFT SINGLE PLY							
242LB								
50-54	Bruno DiBella	550 #						
	STRICT CURL							
	WOMEN							
114LB								
80-84	Willie Murphy	55 ! #						
148lb								

55-59	Christie Macri	65 ! #						
	BENCH FOR REPS							
	WOMEN							
114lb								
80-84	Willie Murphy	31 reps !#						
148lb								
55-59	Christie Macri	31 reps !#						