



## ***NORTH CAROLINA STATE RECORDS***

***If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.***

***POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift***

***E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, C- COLLEGIATE, P- POLICE/FIRE/MILITARY***

***Records will be in pounds and/or kilos but kilos will be converted into pounds.....***

### ***FULL POWERLIFTING RECORDS***

| <b><i>FULL MEET RECORDS</i></b> |                    | <b><i>SQ</i></b>            | <b><i>BP</i></b>            | <b><i>DL</i></b>            | <b><i>TOTAL</i></b>         |
|---------------------------------|--------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|
| <b><i>WOMEN</i></b>             |                    |                             |                             |                             |                             |
| <b><i>114</i></b>               | <b><i>O-R</i></b>  | <b><i>SEAMANS-205</i></b>   | <b><i>SEAMANS-100</i></b>   | <b><i>SEAMANS-260</i></b>   | <b><i>SEAMANS-555</i></b>   |
|                                 |                    |                             |                             |                             |                             |
| <b><i>132</i></b>               | <b><i>O-R</i></b>  | <b><i>TILLER-305</i></b>    | <b><i>TILLER- 130</i></b>   | <b><i>TILLER- 325</i></b>   | <b><i>TILLER- 760</i></b>   |
|                                 |                    |                             |                             |                             |                             |
| <b><i>148</i></b>               | <b><i>JR-R</i></b> | <b><i>WILLIAMS- 205</i></b> | <b><i>WILLIAMS- 125</i></b> | <b><i>WILLIAMS- 300</i></b> | <b><i>WILLIAMS- 630</i></b> |
|                                 | <b><i>NV-R</i></b> | <b><i>SUTTON-225</i></b>    | <b><i>SUTTON-110</i></b>    | <b><i>SUTTON-255</i></b>    | <b><i>SUTTON-590</i></b>    |

|     |         |                |                |                |                 |
|-----|---------|----------------|----------------|----------------|-----------------|
| 165 | O-R     | KOBSIK-235     | KOBSIK-125     | KOBSIK-305     | KOBSIK-665      |
|     |         |                |                |                |                 |
| 181 | NV-RC   | McCAULLEY-250  | McCAULLEY-125  | McCAULLEY-305  | McCAULLEY-680   |
|     | O-RC    | CLAY-265       | CLAY-135       | CLAY-300       | CLAY-700        |
|     |         |                |                |                |                 |
| SHW | JR-R    | NEESMITH-225   | NEESMITH-65    | NEESMITH-285   | NEESMITH-575    |
|     |         |                |                |                |                 |
| MEN |         |                |                |                |                 |
| 132 | O-R     | FLORES- 315    | FLORES-175     | FLORES-365     | FLORES- 855     |
|     |         |                |                |                |                 |
| 165 | O-R     | COOPER- 390    | COOPER-295     | COOPER-525     | COOPER-1205     |
|     | O-RC    | KNEUT-430      | KNEUT-250      | KNEUT-475      | KNEUT-1155      |
|     |         |                |                |                |                 |
| 181 | O-RC    | MILLER-480     | MILLER-390     | MILLER- 585    | MILLER- 1455    |
|     | P-R     | JONES- 390     | JONES-240      | JONES- 410     | JONES- 1040     |
|     |         |                |                |                |                 |
| 198 | JR-R    | POLLARD-440    | POLLARD-310    | POLLARD-485    | POLLARD-1235    |
|     | JR-RC   | SEMAAN-470     | SEMAAN-305     | SEMAAN-500     | SEAMANN- 1275   |
|     | O-RC    | MOZINGO-420    | MOZINGO- 275   | MOZINGO- 515   | MOZINGO- 1210   |
|     | 60-64E  | LANGENFELD-340 | LANGENFELD-235 | LANGENFELD-380 | LANGENGELD-955  |
|     | P-R     | RILEY- 465     | RILEY- 310     | RILEY-600      | RILEY- 1375     |
|     | P-RC    | RILEY-425      | RILEY- 300     | RILEY- 525     | RILEY- 1250     |
|     |         |                |                |                |                 |
| 220 | 17-19 R | ROCHELLE-415   | ROCHELLE-315   | ROCHELLE- 475  | ROCHELLE- 1205  |
|     | O-R     | KOENIG- 450    | KOENIG- 320    | KOENIG- 550    | KOENIG- 1320    |
|     | O-RC    | CUE-445        | CUE- 295       | CUE- 520       | CUE- 1260       |
|     | 60-64E  | LANGENFELD-355 | LANGENFELD-255 | LANGENFELD-405 | LANGENFELD-1010 |
|     |         |                |                |                |                 |
| 242 | O-R     | HOLLAND-500    | HOLLAND- 255   | HOLLAND- 500   | HOLLAND- 1255   |
|     | O-RC    | GIBSON- 605    | GIBSON- 330    | GIBSON- 605    | GIBSON- 1520    |
|     | 50-54E  | MAULDIN-400    | MAULDIN-340    | MAULDIN-480    | MAULDIN-1220    |
|     |         |                |                |                |                 |
| 275 | O-E     | RIDENHOUR-540  | RIDENHOUR- 420 | RIDENHOUR- 530 | RIDENHOUR- 1490 |
|     | 40-44 R | GAEGAN-445     | GAEGAN-335     | GAEGAN-455     | GAEGAN-1235     |
|     |         |                |                |                |                 |

|                  |         |               |               |              |                |
|------------------|---------|---------------|---------------|--------------|----------------|
| 308              | O-RC    | EVERHART- 650 | EVERHART- 520 | EVERHART-600 | EVERHART- 1770 |
|                  |         |               |               |              |                |
|                  |         |               |               |              |                |
| SPECIALIST       |         |               |               |              |                |
|                  |         |               |               |              |                |
| BENCH PRESS ONLY |         |               | DEADLIFT ONLY |              |                |
| WOMEN            |         |               | WOMEN         |              |                |
| SHW              | JR-R    | NEESMITH-65   | SHW           | JR-R         | NEESMITH-285   |
|                  |         |               |               |              |                |
| MEN              |         |               | MEN           |              |                |
| 165              | JR-R    | KOPEL-245     | 165           | JR-R         | COURTNEY-375   |
| 181              | 17-19R  | JACKSON-190   |               |              |                |
|                  | JR-R    | ANDREWS-300   |               |              |                |
| 198              | 55-59R  | REID- 415     | 198           | 55-59R       | REID- 525      |
| 220              | 55-59R  | REID-445      | 220           | JR-R         | POOL-500       |
| 242              | 55-59 E | HALL-365      |               | 55-59R       | REID-550       |
|                  | 60-64 E | HALL-355      |               |              |                |
|                  | JR-R    | FIGUEROA-275  | 308           | 45-49R       | DAVID-660      |
|                  |         |               |               |              |                |
| 308              | 45-49 R | DAVID- 450    | SHW           | 40-44 R      | WHITING-385    |
|                  |         |               |               |              |                |
|                  |         |               |               |              |                |
| SQUAT ONLY       |         |               | POWERCURL     |              |                |
| WOMEN            |         |               | 165           | O            | KOPEL-130      |
| SHW              | 17-19R  | NEESMITH-205  | SHW           | 45-49        | DAVID-230      |
|                  | JR-R    | NEEMSITH-255  |               | O            | DAVID-230      |
|                  |         |               |               |              |                |
|                  |         |               |               |              |                |
| BENCH FOR REPS   |         |               | 165           | O            | WALSH-130      |
| 165              | O       | WALSH-20      |               |              |                |
| 181              | JR      | JACKSON-7     | SHW           | 40-49        | WHITING-145    |
| 198              | 55-59   | REID- 31      |               |              |                |
| 220              | 55-59   | REID-35       |               |              |                |
|                  |         |               |               |              |                |
|                  |         |               |               |              |                |

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|---------|---------|--------------|--------------|--------------|--|
|         |         |              |              |              |  |
|         |         |              |              |              |  |
| IRONMAN |         |              |              |              |  |
|         |         |              |              |              |  |
| WT      | DIV     | BENCH        | DEADLIFT     | TOTAL        |  |
| 198     | 17-19 R | PARHAM-185   | PARHAM-365   | PARHAM-550   |  |
|         |         |              |              |              |  |
| 220     | JR-R    | VILLEGAS-295 | VILLEGAS-560 | VILLEGAS-855 |  |
|         |         |              |              |              |  |
|         |         |              |              |              |  |
| SHW     | 45-49 R | DAVID-450    | DAVID- 660   | DAVID- 1110  |  |
|         |         |              |              |              |  |
|         |         |              |              |              |  |
|         |         |              |              |              |  |
|         |         |              |              |              |  |