

## **MISSISSIPPI STATE RECORDS**

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.

POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift

E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM-SUBMASTERS, P-POLICE/FIRE/MILITARY

Records will be in pounds and/or kilos but kilos will be converted into pounds......

## **FULL POWERLIFTING RECORDS**

FULL MEET RECORDS		SQ	BP	DL	TOTAL
WOMEN					
SHW	40-44 R	ATTERBERRY-295	ATTERBERRY- 160	ATTERBERRY- 325	ATTERBERRY- 780
	40-44 RC	ATTERBERRY- 380	ATTERBERRY- 210	ATTERBERRY- 360	ATTERBERRY- 935
MEN					
242	17-19E	SEABROOKS- 590	SEABROOKS- 350	SEABROOKS- 585	SEABROOKS- 1525
SHW	17-19R	PICKENS- 455	PICKENS- 335	PICKENS- 550	PICKENS- 1340

SPECIALIST					
BENCH PRESS ONLY			DEADLIFT ONLY		
WOMEN			WOMEN		
NO RECORDS POSTED					
			NO RECORDS POSTED		
MEN			MEN		
NO RECORDS POSTED			114	S.OR	WEST- 60
BENCH FOR REPS			STRICT CURL		
WOMEN			148	0	MORROW-140
SHW	40-44	ATTERBERRY- 15			
IRONMAN		BENCH	DEADLIFT	TOTAL	
NO RECORDS POSTED					